

# **IOWA HEAD INJURY SCREENING INSTRUMENT**

## **Instructions:**

This questionnaire is about head and/or brain injuries. It asks about blows to the head and/or other injuries that may have caused short or long-term difficulties for the person who experienced the injury. An injury of this type may or may not have resulted in a loss of consciousness. Those injuries that would be considered minor bumps to the head should not be recorded.

You are free to skip any questions that you do not want to answer. After you have finished filling out the questionnaire (even if you do not answer all of the questions), please place it in the white envelope provided and seal it. You may then return the envelope to your counselor and receive your gift card.

# IOWA HEAD INJURY SCREENING INSTRUMENT

1) Age: \_\_\_\_\_ years

2) Sex: ☐ Female

☐ Male

3) Race: (please check the best response)

☐ Black or African American

☐ White

☐ Asian

☐ Alaska Native

☐ Hispanic or Latino

☐ Native Hawaiian or other Pacific Islander

☐ American Indian

☐ Other (please specify) \_\_\_\_\_

4) Have you ever experienced a blow to the head from one of the following causes? Minor bumps should not be considered. Please check all that apply.

## Cause

## How many (if more than one)?

## What year(s) did it (they) happen?

☐ automobile crash

\_\_\_\_\_

\_\_\_\_\_

☐ motorcycle crash

\_\_\_\_\_

\_\_\_\_\_

☐ all-terrain vehicle (ATV) crash

\_\_\_\_\_

\_\_\_\_\_

☐ bicycle crash

\_\_\_\_\_

\_\_\_\_\_

☐ other vehicle crash

\_\_\_\_\_

\_\_\_\_\_

☐ gunshot wound

\_\_\_\_\_

\_\_\_\_\_

☐ fighting/assault/abuse

\_\_\_\_\_

\_\_\_\_\_

☐ fall

\_\_\_\_\_

\_\_\_\_\_

☐ near drowning

\_\_\_\_\_

\_\_\_\_\_

☐ sports injury

\_\_\_\_\_

\_\_\_\_\_

☐ other—please describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

☐ No, I never had a head injury



**IF YOU NEVER HAD A HEAD INJURY, STOP.**

**YOU HAVE COMPLETED THE QUESTIONNAIRE AND MAY RETURN IT IN THE ENVELOPE PROVIDED.**

5) From the event(s) that you checked in question 5: Which event, if any, has caused you the greatest amount of short-term or long-term difficulties or problems?

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6) Did you ever go to a hospital emergency room after experiencing a head and/or brain injury?

☐ Yes ☐ No If "Yes", how many times? \_\_\_\_\_ What year(s)? \_\_\_\_\_

7) Have you ever stayed in the hospital for at least one night after experiencing a head and/or

brain injury? ☐ Yes ☐ No If "yes", how many times? \_\_\_\_\_ What year(s)? \_\_\_\_\_

8) Did you ever lose consciousness or were you ever in a coma as a result of a head and/or

brain injury? ☐ Yes ☐ No If "yes", for each injury indicate, **both**:

<u>Year(s)</u>	<u>Amount of time (in hours or days) unconscious or in a coma</u>
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_____	_____
_____	_____
_____	_____

9) Has a doctor ever told you that you have a brain injury? ☐ Yes ☐ No

10) Since your injury/injuries, have you had increased difficulty or problems with:

(Please check all that apply)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> remembering things    | <input type="checkbox"/> concentrating           | <input type="checkbox"/> problem solving                |
| <input type="checkbox"/> feeling depressed     | <input type="checkbox"/> feeling anxious         | <input type="checkbox"/> feeling motivated              |
| <input type="checkbox"/> physical coordination | <input type="checkbox"/> vision                  | <input type="checkbox"/> dizziness                      |
| <input type="checkbox"/> mobility/walking      | <input type="checkbox"/> physical exercise       | <input type="checkbox"/> obesity/weight gain            |
| <input type="checkbox"/> physical pain         | <input type="checkbox"/> arthritis               | <input type="checkbox"/> headaches                      |
| <input type="checkbox"/> being impulsive       | <input type="checkbox"/> controlling your temper | <input type="checkbox"/> alcohol                        |
| <input type="checkbox"/> gambling              | <input type="checkbox"/> law enforcement         | <input type="checkbox"/> illicit drugs (like marijuana, |
| <input type="checkbox"/> performance at work   | <input type="checkbox"/> performance at school   | meth, cocaine)  |
| <input type="checkbox"/> other _____           |  |   |

11) Because of your injury/injuries, do you need help from other people for the following needs?

(Check all that apply)

- |  |                                       |  |
|--|---------------------------------------|--|
| <input type="checkbox"/> bathing/personal care | <input type="checkbox"/> dressing     | <input type="checkbox"/> preparing meals |
| <input type="checkbox"/> household chores      | <input type="checkbox"/> paying bills | <input type="checkbox"/> shopping        |

12) Have you ever received any of the following services after experiencing a head and/or brain injury? Check all that apply.

**Service**

**Time frame (example: 1997-1999 or 2/96-5/96)**

- |  |       |
|--|-------|
| <input type="checkbox"/> physical therapy          | _____ |
| <input type="checkbox"/> occupational therapy      | _____ |
| <input type="checkbox"/> speech therapy            | _____ |
| <input type="checkbox"/> vocational rehab          | _____ |
| <input type="checkbox"/> substance abuse treatment | _____ |
| <input type="checkbox"/> mental health/counseling  | _____ |

13) Because of your injury/injuries, have you applied for SSI/SSDI? ☐ Yes ☐ No

If “Yes”, have you been approved? ☐ Yes ☐ No ☐ Have not been notified

14) Have you applied for the Iowa Medicaid brain injury waiver? ☐ Yes ☐ No

If “Yes”, do you qualify for service funding? ☐ Yes ☐ No ☐ Have not been notified

**THANK YOU FOR YOUR PARTICIPATION! PLEASE PUT YOUR SURVEY IN THE  
ENVELOPE PROVIDED.**